

UNI MYTHS
BUSTED!

LESSON PLAN 1

Exploring Post-18 Options

After secondary education, there are a variety of opportunities available to you: Higher Education, apprenticeships, gap years, direct employment, and more.





What You Will Learn Today

1 Knowledge

Identify the range of post-18 options, including various course types.

2 Skills

Practice decision-making and match interests to suitable pathways.

3 Reflection

Identify top options and articulate why they are suitable.

Pathways to Your Future



Higher Education

University courses leading to Bachelor's degrees, Foundation Degrees.



Gap Year

A year to travel, work, or volunteer before continuing with education or work.



Apprenticeships

Learning while working; combining practical work with study.



Direct Employment

Entering the workforce immediately after school.

What options have you heard about or considered?

Understanding Higher Education Course Types

Full-Time Study

University experience with full immersion. Can be practical or theoretical and can include work placements.

Part-Time Study

Flexibility for working or family commitments.

Sandwich Courses

Courses that include longer work placements as part of the degree.

Degree Apprenticeships

Practical and industry-specific courses.

Higher Technical Qualifications

Practical and industry-specific courses.

Students to partner up and discuss which course type might fit their interests and why.



Matching Careers to Courses

Activity Sheet 1



Activity: Use the worksheet titled "Matching Careers to Courses."

Match different career goals (e.g., teacher, software developer, graphic designer) with the most suitable type of course.



Class Discussion: Spend 5 minutes going over the worksheet. Volunteers can share their matches and the reasons behind their choices.

Wrap-Up and Reflections

Prompt: Think about the pathways that align with your personal interests and goals.

Task: Write down two pathways you might consider and why you're interested in them.



Your Next Steps

1

Explore

Visit UCAS, unimythsbusted.co.uk, apprenticeship databases, and other online resources to explore more options.

2

Connect

Discuss your thoughts with teachers, parents, or career advisers to gather more insight.

3

Plan

Start identifying which steps you need to take for the options you are most interested in.

4

Follow and support the campaign

You'll be able to find more resources, data and information, including on how to get involved with the campaign, on the Uni Myths Busted channels.

Follow us on:

unimythsbusted.co.uk



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